



RIVERSIDE

Medical Centre

NHS

Proposal For Expansion

Riverside Medical Centre is proud of the service we offer, and we hope to continue to offer the same excellent service to all our current and new patients as the village of Hullbridge and the practice grows.

The proposal of opening additional premises at the High Elms estate will enable us to make the best use of our current clinical staff and expand in the future.



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Riverside Medical Centre | 175 Ferry Road | Hullbridge | Hockley | Essex | SS5 6JH



History of the Practice

1960's

- Riverside Medical Centre was established by Dr and Mrs Kendal in the 1960's.
- They originally operated out of their house on Ferry Road and moved to the current site which was built by the Health Board and shared with Community Staff in the 1970's.

1970's

- Dr Donnelly and Dr Cornes started working here during the 1970's.

1980's

- Dr Conner joined in 1988.

1990's

- 1994 the practice took over the entire building and a major renovation was undertaken to provide the current site

2000's

- Dr Rouse joined in 2004.

2010's

- A first-floor extension was added to the practice for training purposes and storage of notes.
- Dr Pinkerton joined in 2013 as a salaried GP and became a partner in 2015
- Dr Wren joined in 2014 as a trainee and then as a salaried GP in 2015.
- Martyn White, practice manager joined in 2016



Background

Riverside Medical Centre has been a well-established practice in Hullbridge since the 1960's and has a good reputation amongst its patients with a CQC rating of good, high Quality Outcomes Framework achievements and excellent feedback from our patients both in the annual GP Patient Survey and from our Friends and Family feedback.

We are part of the Rayleigh PCN where we work with five other practices to provide additional services including:

- Weekend Appointments – at Audley Mills and Church View Surgeries.
- Extended Hours – We provide both doctor and nurse appointments from 7:00am Thursday and Fridays.
- Additional Staff – MSK practitioners, Clinical Pharmacists, Visiting Paramedics
- Health Promotion
- Additional GP appointments on Tuesdays and Wednesdays

We are a training practice providing training for GP Specialist Trainees, Foundation Doctors, Medical Students and Nursing Students. Dr Wren, Dr Arkus, Hazel Walder and Jacquie Reynolds all trained at the practice and now work with us having completed their training.

We provide additional services for our patients using Enhanced Services such as Minor Surgery, Family Planning Services, 24 hr Blood Pressure readings and are looking to introduce 24hr ECG monitoring.

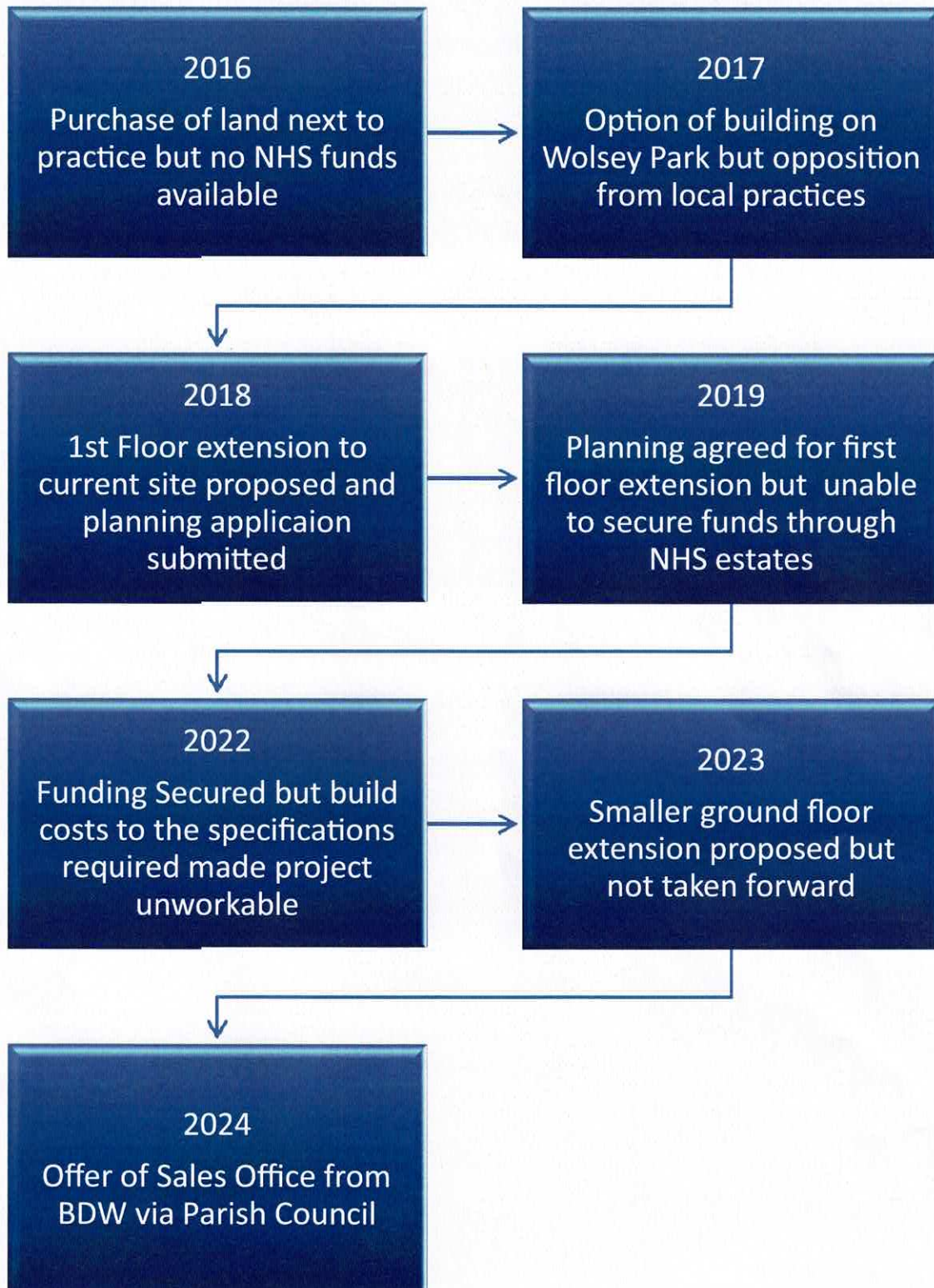


Current Issues

- Our list size has increased over the past 10 years by 1,000 patients, this increases demands on our appointments, we are struggling to fit all our clinical staff in our current rooms and have been needing to convert sessions to telephones due to constraints of space.
- Approximately 90% of our contacts are face to face appointments as this is the preference of our patients so having to do telephone consults is not providing optimal care.
- Current staffing
 - 3 GP partners
 - 1 Salaried GP
 - 2 GPST3
 - 2 Foundation doctors
 - 1 Advanced Nurse Practitioner
 - 2 Practice Nurses
 - 1 Health Care Assistant
 - 1 Practice Manager
 - 8 Receptionists
 - 2 Admin Staff
 - 3 Secretaries
 - 1 MSK Practitioner
 - 2 Clinical Pharmacists
 - 3 Visiting Paramedics
 - 1 PCN GP
- As documented below, we have been attempting to find a solution to the limitations of our current site since 2016 but have not found a financially viable solution.
- This offer from BDW provides a workable solution to our issue and we are planning to apply for planning permission by the end of May 2025.



How we got here.....





Proposal

- The site at High Elms would be called the Kendal Centre after the doctors who set up the practice in the village and tying in with the naming of the nature reserve and local park.
- We would be looking at converting the interior of the building to house 3 clinic rooms which would allow us to initially maximise the use of staff at the practice and in time recruit further staff as needed.
- With maximum staffing of three clinicians and one receptionist we would need four parking spaces for staff, twelve are available in the current car park which is above the requirement needed for planning.
- The hours of business are 0800 – 1830, extended hours would be continued to be provided at the Riverside Medical Centre and Weekend services from the practices in Rayleigh as part of the PCN.
- We do not provide shared care for drug addiction services and will not be housing controlled drugs on the premises.
- The appointments at Kendal Centre would be pre bookable only and not a walk-in service which reduces the traffic through the day.
- We are not intending to do any external work but will review the security requirements to safeguard the premises.
- We have been informed that the foundations are suitable for a single storey building and therefore permission for a first-floor extension would not be sought either now or in the future.
- The funding provided by the NHS for the refurbishment requires that the building remains in use as GP practice for the foreseeable future.



Proposed Plan

1. Whilst that may not be the eventual layout there will be 3 clinical rooms.
2. The size of the building is 12 metres by 12 metres.
3. Where it says 'breast', this is a breast feeding room, which is a requirement.
4. 'Clean U & Dirty U', the 'U' stands for utility and again these are both requirements.
5. DDA WC and nappy, probably speak for themselves, in as far as they are a disabled toilet and nappy changing facility.

